

Tips From Our Teachers

- Read aloud stories -picture books and chapter books are great for all ages.
- Relax and take a deep breath. Don't be too hard on yourself.
- Get out a deck of cards and play some games. Cribbage practices adding skills up to 31 and your child will have so much fun they might not realize they're doing math.
- Go on counting walks. This is good for younger ones. Pick something you are going to look for specifically (such as birds, houses with red doors, dogs etc.) and count as you go.
- Bake something and you'll have math, science and snack time combined.
- Keep a journal. For little ones it could be simple like drawing a picture of something they saw outside on a walk and writing a sentence about it.
- Get your child to write a letter to their teacher. It will help them feel connected to school and your teacher will love it!
- Do things in small chunks so it doesn't seem overwhelming for the kid
- Take lots of breaks
- Plan for questions that your child might have.
- Post a schedule and be as CONSISTENT as possible. Math in the morning, Literacy in the afternoon, History before lunch. Kids like to see and track their schedule throughout the day.
- Rest Time: Whether 2 years old or 5 years old, keeping an established sleep routine will keep everyone in a happier state.

Online Resources:

Many online programs are offering free access for the next few months.

[8 Ways to Make the Best of This for Our Kids"](#)

[Splashlearn Engaging Math Program K-4](#)

[Khan Academy Kids - Learning Activities PreK-1](#)

[IXL Comprehensive PreK-12 online curriculum, Free trial](#)

[Personalized Reading Comprehension Program free, adjusts to your child's reading level Grades 1-12](#)

[Free online "How to Learn Math" course from Stanford University \(grades 4-9\)](#)

[Pinterest board of Educational Resources for Families updated regularly:](#)

[Worship with your kids at home](#)

